

Minimum 10 persons, priced per person

Morning Buffet Arrangement (\$13.50)

Choice of two homemade cream cheeses, fresh tomato slices, freshly baked muffins, chilled seasonal fruit bowl, fresh squeezed orange juice, fresh brewed locally roasted coffee, and an assortment of hand rolled, fresh baked bagels

Coffee Service (\$2.50)

A complete service tea includes milk, sugar, half & half, sugar, equal, stirrers, cups and napkins
Served with certified organic freshly roasted coffee, decaf and a selection of Harney & Sons Teas (organic soy and almond milk available for a nominal extra charge)

Mini Bagel Breakfast Sandwiches ?

Not sure about this one but like the idea

Fish Platter (\$19.00)

A beautifully arranged platter that includes delicious hand sliced Eastern Nova Scotia Salmon, Smoked Pastrami Salmon, Whitefish Salad, Baked Salmon Salad, served with your choice of three homemade cream cheeses, tomatoes, cucumbers, olives, sliced red onion and an assortment of hand rolled bagels.

Bagels and Nova (17.00)

Inviting platter of Eastern Nova Scotia Salmon hand sliced and arranged with a choice of three homemade cream cheeses, tomatoes, cucumbers, olives and a selection of hand rolled bagels

Bagels and Schmears (7.50)

Choose four homemade cream cheeses to be arranged on a platter with tomatoes, cucumbers, olives, sliced red onions, served with a selection of hand rolled bagels

Classic Assorted Bagel Sandwich Platter (12.50)

A selection of cheeses and cold cuts served on freshly baked hand rolled bagels, prepared and served with pickles, coleslaw, potato chips, tomatoes and romaine lettuce (*artisanal breads also available*)

Cold Cut Buffet Platter (12.50)

A selection of cheeses and cold cuts enticingly arranged on platter, served with pickles, coleslaw, potato chips, tomatoes and romaine lettuce, served with a tray of hand rolled freshly baked bagels

Housemade Salad Sandwich Platter (11.50)

Choose four of our freshly prepared, housemade salads, served on hand rolled, freshly baked bagels and artisanal breads. Prepared and served with pickles, coleslaw, potato chips, tomatoes and romaine lettuce (*chicken salad, tuna salad, egg salad, baked salmon salad, whitefish salad, italian tuna salad, cranberry chicken salad*)

Fresh Wrap Platter - (2 halves per person \$8.95)

Our wraps are inspired by international flavors and made with the finest ingredients.

Tray may include a selection of the following, Cubano Wrap, Italian Tuna salad Wrap, California Wrap, Philly Cheese Steak Wrap prepared on spinach, whole wheat or white flour tortilla

Chicken or Tuna Cobb Salad - (\$8.50) This crowd favorite will satisfy all appetites.

Young mixed greens, diced roasted chicken or chunky tuna, boiled egg, avocado, tomatoes, bacon, swiss or ranch dressing. Request vinaigrette dressing to make your salad gluten free.

Classic Caesar (Regular or Chicken) - (8.50)

Traditional Caesar prepared with heart of romaine leaves, garlic croutons, shaved permesan cheese and caesar dressing. (gluten free available upon request)

Greek Salad - (8.50)

Romaine, feta, lentils, grape tomatoes, cucumbers, red onions, balsamic vinaigrette

West Coast Salad - (8.50)

romaine, grilled chicken, avocado, egg whites, grape tomatoes, shaved almonds

Fresh Cut Seasonal Fruit Bowl (\$4.75-bowl) (\$5.25-platter)

Delicious selection of fresh seasonal fruits prepared and served in a bowl or thinly sliced and served on a platter

Garden Platter \$ small/10-15 \$ large/15-20

The seasons fresh vegetables! (may include) asparagus, cauliflower, green beans, carrots, radishes, cucumber, mushrooms, celery and red cabbage, artfully arranged and served with a selection of homemade dips

